

EXPLORE THE WATERWAY: OVERNIGHT ADVENTURE

An overnight journey along the Shubenacadie Waterway featuring natural beauty, eateries, tourism sites and more!



COFFEE TIME

Begin your half-day journey along the Shubenacadie Waterway with take-out coffee and pastries from the Good Day Kitchen & Café, Fall River.



LOCK 4

A two-minute drive from the café, you'll find Lock 4 of the Shubenacadie Canal system. Enjoy your coffee and treats from the dock as you watch the water rush through the lock and into Lake Fletcher.



LOCK 5

Head north on Hwy 2 to Lock 5, a fully restored lock and provincial historic site in Wellington. The lock is surrounded by meadows of wildflowers, birds and the sound of water. Don't miss the lookout onto the channel on the east side of the Lock.



TIME FOR LUNCH

When your stomach starts to growl it's time to visit Cup of Soul, a quaint café in Elmsdale. The café has indoor dining areas as well as a large outdoor dining area with picnic tables and umbrellas.



A MEANDERING DRIVE

From Elmsdale, head toward the village of Shubenacadie where you'll connect with Route 215. This route follows the Shubenacadie River as it meanders toward the Bay of Fundy.



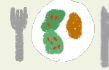
TIDAL WATERS

End your day at the Fundy Interpretive Centre in South Maitland and learn about the famous Fundy tidal bore. If you're lucky, you may catch the tidal bore as it passes.



REST AND RECHARGE

After settling into your room at Cresthaven by the Sea – a lovely seaside inn in Maitland – wander the grounds and walk into the town. Stop by Frieze and Roy, Canada's oldest general store.



DINNER IS SERVED

Adjacent to Frieze and Roy is the Mud Slide Café. Here you can choose to dine in (some evenings you'll be treated to live music) or enjoy their fish & chips on picnic tables beside Cobequid Bay.



A SUNSET TO REMEMBER

Enjoy the fiery sunset into the Bay of Fundy from the deck of the inn. The inn also has a lovely common room where you can cozy up with a book or board game.



THE NEXT MORNING

A stay at Cresthaven by the Sea includes a home-cooked, hearty breakfast.



A CULTURAL EXPERIENCE

An overnight on the Shubenacadie isn't complete without a visit to the Millbrook Cultural & Heritage Centre. Through artifacts, exhibits and a multimedia presentation, you'll be taken on a journey through the history of the Mi'kmaq People of Sipekne'katik.

**ONCE BACK ON THE ROAD,
YOU'LL BE BACK IN HRM IN
LESS THAN AN HOUR.**

TRIP MAP

Photos and text by Nancy Stapleton.
This travel itinerary was produced by the Shubenacadie Canal Commission as part of the Transitions project.

